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**MPCR Kit for Human Insulin-Like Growth Factor
and Binding Proteins**

Cat No. MP-70085: 50 reactions

Cat No. MP-70084: 100 reactions

**INSTRUCTION
MANUAL**

ID-M10148
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*These products are designed and sold for use in the Multiplex PCR (MPCR) covered by patent # 5,582,989. Use of the MPCR process requires a license. A limited, non-automated research field license under the patent to use only this amount of the product to practice the MPCR process is conveyed to the purchaser by the purchase of this product.

The Polymerase Chain Reaction (PCR) process is covered by patents owned by Hoffman-LaRoche. Use of the PCR process requires a license. A license for diagnostic purposes may be obtained from Roche Molecular System. A license for research may be obtained by the purchase and the use of authorized reagents and DNA thermocyclers from the Perkin-Elmer Corporation or by negotiating a license with Perkin-Elmer.

This product is intended for research use only and not for diagnostic purposes.

INTRODUCTION

Insulin-like growth factor (IGF)-binding protein (IGFBP)-related proteins (IGFBP-rPs) are newly described cysteine-rich proteins that share significant amino-terminal structural similarity with the conventional IGFBPs and are involved in a diversity of biological functions, including growth regulation. Insulin-like growth factor II is a polypeptide hormone with structural homologies to insulin and IGF-I. In contrast to these other hormones, the *in vivo* function of IGF-II is not known. Although IGF-II can stimulate a broad range of biologic responses in isolated cells, these responses appear to be mediated by the insulin and IGF-I receptors.

IGF-I and IGF-II play an essential role in cell proliferation and differentiation, via both endocrine and paracrine or autocrine mechanisms. In biological media, IGF-I and IGF-II are reversibly associated with specific, high-affinity binding proteins. (IGFBP-1 to -6) whose expression varies with tissue of origin, stage of development, and hormonal and nutritional status. They have diverse functions in IGF transport, in delivery of the IGFs to their target cells and in modulating the IGFs' interactions with their receptors.

Insulin-like growth factor-binding protein-1 (IGFBP-1) is stimulated during intensive exercise and in catabolic conditions to very high concentrations, which are not completely explained by known regulators such as insulin and glucocorticoids. Insulin-like growth factor binding protein-3 (IGFBP-3) regulates the mitogenic and anti-apoptotic actions of IGFs. IGFBP3 is also known as growth hormone-dependent binding protein, acid stable subunit of the 140 K IGF complex, binding protein 53, and binding protein 29. Insulin-like growth factor binding protein-4 (IGFBP-4), like the other five IGFBPs, is a critical regulator of the activity of insulin-like growth factor (IGF)-I and IGF-II. However IGFBP-4 seems to be the only IGFBP with no potential to enhance the mitogenic actions of the IGFs. IGFBP-1 to -3 and -5 each contain 18 conserved cysteine residues, IGFBP-6 lacks two of the twelve N-terminal cysteines, while IGFBP-4 has two additional cysteines in the central region. An important biological property of the IGFBPs is their ability to increase the half-life of the IGFs in the blood. They are

able to act as potentiators of IGFs activity on the cell proliferation. As IGFBPs bind to cell surfaces, they may act either to deliver the IGFs to those surfaces either for the activation of specific receptors or cell responses independently of receptor activation. Posttranslation modification such as phosphorylation, glycosylation and proteolysis of IGFBPs influence their affinity to IGFs. In addition, the IGFBPs may also act as inhibitors to block the activity of the IGFs by preventing cell surface binding.

Analysis of the temporal and spatial distribution of RNA expression provides researchers with important clues about the function of apoptosis regulating genes in their own systems. Northern Blot and RNase Protection Assay are the most widely used procedures for determining the abundance of a specific mRNA in a total or poly(A) RNA sample. RT-MPCR provides an alternate and accurate method to detect multiple gene expression by amplifying all the genes under the same conditions (9, 10, 11). Variations in RNA isolation, initial quantitation errors or tube-to-tube variations in RT and PCR can be compensated by including a house-keeping gene, such as GAPDH, in MPCR. Alternatively, a parallel RT-PCR using the same cDNA, PCR conditions and primers for one of house-keeping genes may be run to offset any variations. Differences in gene expression can be determined by normalizing its expression against 18S expression.

Maxim's Human IBP MPCR kits have been designed to detect the expression of human Genes: IBP1, IBP2, IBP3, IBP5, IBP6, IGF1 and IGF2. The PCR primers have similar T_m and no obvious 3'-end overlap to enhance multiple amplifications. The 554 bp (18S), 409 bp (IBP6), 337 bp (IBP5), 284 bp (IBP3), 256 bp (IBP2), 231 bp (IGF2), 201 bp (IBP1) and 184 bp (IGF1) PCR products can be generated from human RNA, or the positive control which is included in this kit. Therefore, the human insulin-like growth factor and binding proteins MPCR kit provides a quick and simple method to analyze Human IBP1, IBP2, IBP3, IBP5, IBP6, IGF1 and IGF2 gene expression and normalize their expression against 18S expression.

PCR PRODUCT QUANTITATION

I: Radioactive Quantitation

In our experience, visual inspection of an EtBr-stained agarose gel is sensitive and precise enough to detect changes as low as two-fold. If greater discrimination is necessary, several methods are available. The simplest procedure is to add a radioactively labeled dNTP to the PCR reaction. After gel analysis, the band may be excised and counted in a scintillation counter. Alternatively the gel may be dried and an autoradiogram may be generated which can be scanned in a densitometer. Another method is to label the 5' end of one or both of the primers with ^{32}P , which is incorporated into the PCR products and then assayed for radioactivity (13).

Southern blot hybridization with synthetic DNA probes may also be performed to verify and quantitate PCR generated products, either by densitometry of an autoradiogram or by excising and counting the signal from a hybridization membrane. This method also quantitates only the target product without interference from nontarget products or primer-generated artifacts.

II: Non-Radioactive Quantitation

Nonradioactive quantitation methods include the use of biotinylated or digoxigenin-labeled primers in conjunction with the appropriate detection methods (14), use of a bioanalyzer or WAVE. For an in-depth discussion of the various methods of PCR product quantitation, refer to the review article by Bloch (8).

In addition to the above methods, several companies now offer gel video systems which can scan and quantitate EtBr-stained gel bands in much the same way a densitometer does. Lab-on-a-chip (BioAnalyzer), CE, HPLC, and WAVE may also be used to analyze MPCR products and quantitate simultaneously.

COMPARISON OF MPCR WITH RPA

MPCR (Multiplex Polymerase Chain Reaction)	RPA (RNase Protection Assay)
√ Non-isotope method with high sensitivity 0.1-1 μg total RNA per MPCR	√ Isotope or Non-Isotope methods 1-20 μg total RNA per RPA assay
√ Whole process takes only a few hours	√ Whole process takes two days
√ Detect Multiple Genes Simultaneously & Quantitatively	√ Detect Multiple Genes Simultaneously & Quantitatively
√ Signal can be quantified directly from gel if isotope is included in MPCR. Additional techniques can be used to quantify MPCR product (using Bioanalyzer, HPLC, and WAVE.)	√ Signal can be quantified directly from gel
√ Non-specific products can be eliminated by using probes and southern hybridization.	√ Non-specific signal can be generated by either low stringent conditions or high-secondary-structure template.
√ Ready-to-use	√ Make own "hot" RNA probes

MPCR KIT DESCRIPTION

MPCR Amplification Kits include all necessary MPCR amplification reagents with the exception of *Taq* Polymerase. These kits have been designed to direct the simultaneous amplification of specific regions of human DNA.

MPCR Kits come in two quantities:

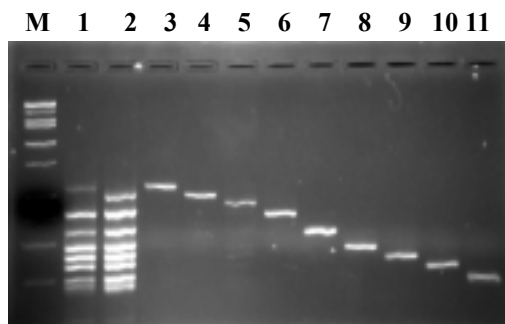
- 50X 50 μ L reaction kits
- 100X 50 μ L reaction kits

Each kit offers Maxim's optimal primer/buffer system which will enhance amplification specificity.

Figure 1 shows quality control MPCR results obtained by following MPCR kit manual using different concentrations of positive control.

For optimal results, please read and follow the instructions in this manual carefully. If you have any questions, please contact Maxim Biotech Customer Service at (650) 871-1919.

Figure 1



- Lane 1: PCR using hIBPS Primers with positive control
- Lane 2: PCR using hIBPG Primers with positive control
- Lane 3: PCR using Human 18S Primers with positive control
- Lane 4: PCR using Human GAPDH Primers with positive control
- Lane 5: PCR using Human IBP6 Primers with positive control
- Lane 6: PCR using Human IBP5 Primers with positive control
- Lane 7: PCR using Human IBP3 Primers with positive control
- Lane 8: PCR using Human IBP2 Primers with positive control
- Lane 9: PCR using Human IGF2 Primers with positive control
- Lane 10: PCR using Human IBP1 Primers with positive control
- Lane 11: PCR using Human IGF1 Primers with positive control
- Lane M: DNA M.W. Marker

MPCR PRIMER INFORMATION

Product Code	Gene	5'/3' Tm	Amplicon Size	Accession No.	Intron Span	Genomic Size
hIBPS-IBP6	Human IBP6	69°C/68°C	409bp	BC011708	yes	4131bp
hIBPS-IBP5	Human IBP5	69°C/66°C	337bp	NM_012817	yes	16313bp
hIBPS-IBP3	Human IBP3	69°C/67°C	284bp	NM_000598	no	284bp
hIBPS-IBP2	Human IBP2	67°C/67°C	256bp	XM_002636	no	256bp
hIBPS-IGF2	Human IGF2	68°C/68°C	231bp	NM_000612	yes	1931bp
hIBPS-IBP1	Human IBP1	68°C/67°C	201bp	XM_004688	no	201bp
hIBPS-IGF1	Human IGF1	70°C/70°C	184bp	NM_000618	no	184bp
hIBPS-18S	Human 18S	71°C/71°C	554bp	X03205	no	554bp

KIT COMPONENTS

MP-70085

50X50 μ L MPCR reaction kit
Store all reagents at -20°C

Product Code	Kit Component	Amount
hIBPS -B001	2X hIBPS MPCR Buffer (containing chemicals, enhancer, stabilizer and dNTPs)	1250 μ l
hIBPS -C001	10X hIBPS MPCR Pos. Control	50 μ l
hIBPS -P001	10X hIBPS MPCR Primers	250 μ l
MRB-0014	DNA M.W. Marker (100bp Ladder)	100 μ l
MRB-0011P	ddH ₂ O (DNase free)	2.0 ml
	Instruction Manual	

MP-70084

100X50 μ L MPCR reaction kit
Store all reagents at -20°C

Product Code	Kit Component	Amount
hIBPS-B001	2X hIBPS MPCR Buffer (containing chemicals, enhancer, stabilizer and dNTPs)	1250 μ l X2
hIBPS -C001	10X hIBPS MPCR Pos. Control	50 μ l X2
hIBPS -P001	10X hIBPS MPCR Primers	250 μ l X2
MRB-0014	DNA M.W. Marker (100bp Ladder)	100 μ l X2
MRB-0011P	ddH ₂ O (DNase free)	2.0 ml
	Instruction Manual	

NOTE: SPIN ALL TUBES BEFORE USING AND VORTEX ALL REAGENTS FOR AT LEAST 15 SECONDS BEFORE USING!!

PROCEDURE

RT Protocol:

The isolation of undegraded, intact RNA is an essential prerequisite for successful first strand synthesis and PCR amplification. Care should be taken to avoid RNase contamination of buffers and containers used for RNA work by pretreating with DEPC, autoclaving, and baking. Always wear sterile gloves when handling reagents. Use cDNA derived from 10^5 cells ($1\mu\text{g}$ cDNA) and apply them to each MPCR reaction.

1. Prepare total RNA, mRNA or use the control GAPDH RNA which is provided in Maxim's MPCR kit. **NOTE:** It is best to use cDNA derived from $0.5-1 \times 10^5$ cells ($0.5-1\mu\text{g}$ cDNA derived from RNA) for each MPCR reaction.
2. Equilibrate 3 water baths: 37°C , 70°C and 95°C .
3. **On ice**, pipet $1-2\mu\text{g}$ mRNA or $10\mu\text{g}$ total RNA (from 10^6 cells) dissolved in pure water or $2\mu\text{l}$ control GAPDH RNA into a RNAase free reaction vial. We strongly recommend including a positive control reaction when setting up an RT-PCR reaction for the first time.
4. Add sterile water to a final volume of $14.5\mu\text{l}$.
5. Add $4\mu\text{l}$ random hexamer (50 mM) or Oligo(dT) (50 mM).
NOTE: The hexamer and Oligo(dT) RT reactions may be run simultaneously.
6. Incubate tube(s) at 70°C for 5 minutes and quickly chill on ice.
7. Begin your RT reaction by adding the following reagents to your hexamer or Oligo mixture:

Reagent	Description	Volume per Reaction
RNase Inhibitor	130U/ μl	0.5 μl
5 X RT buffer	250mM Tris-HCl (pH8.3) 375mM KCl, 15mM MgCl ₂ , 50mMDTT	10 μl
dNTPs	1mM each	20 μl
MMLV RT	250U/ μl	1 μl

8. Incubate the RT mixture at 37°C for 60 minutes.
9. Then, heat RT mixture at 95°C for 10 minutes and quickly chill on ice.
10. Add another **50 μl** water or 0.1X TE buffer.
11. **2-5 μl** of above cDNA is sufficient for most genes in a standard MPCR reaction. However, more or less DNA may be needed in PCR depending on the copy number of the specific gene.

PCR Protocol:

1. *Taq* DNA polymerase from Perkin-Elmer or its derivatives are highly recommended for MPCR. Ampli-*Taq* Gold, however, is not recommended because its own optimal buffer system is required.
2. **Reaction Mixture Preparation:**
 - A. Set up MPCR reactions with the test samples and MPCR buffers provided in the MPCR kit according to the table on the next page:

PROCEDURE

Volume (Per assay)	Reagent (Add in order)
25.0 µl	2X MPCR BufferMixture
5.0µl	10X MPCR Primers
0.5µl	<i>Taq</i> DNA Polymerase(5U/ml)
5.0µl	Specimen cDNA or 10X Control cDNA from kit
14.5µl	H ₂ O
50.0µl	Mineral Oil (optional)

*: ³²P dNTPs may be used here to achieve higher sensitivity and better quantitation. 5-10 µCi [α -³²P]dCTP (3000 Ci/mmole) should be used here per MPCR. Keep final dNTPs concentration same as without ³²P-dNTPs.

B. EDTA concentration in test sample must not exceed 0.5 mM because Mg⁺⁺ concentration in MPCR Buffers is limited to certain ranges. Additional Mg⁺⁺ may be added to the PCR mixture to compensate for EDTA. We strongly recommend running an MPCR reaction with the positive control provided in the kit. Since the MPCR DNA polymerase needed in each reaction is in a very small volume, it is recommended that all of the PCR components be premixed in a sufficient quantity for daily needs and then dispensed into individual reaction vials. This will help you to achieve more accurate measurements.

3. PCR thermocycle profile:

Reaction profiles will need to be optimized according to the machine type and needs of user. Please take note that temperature variations occur between different thermocyclers, therefore, the annealing temperature in the sample profile below is given as a range. It will be necessary to determine the optimal temperature for your individual thermocycler. An example of a time-temperature profile for the positive control PCR reaction optimized for Perkin Elmer machine types 480, 2400, and 9600 is provided below:

Temperature	Time	Cycles
96°C	1 min	2X
58-60°C	4 min	
94°C	1 min	28-35X
58-60°C	2 min	
70°C	10 min	1X
25°C	soak	

Note: A 2-step PCR thermocycle profile was found to be more effective than a 3-step PCR thermocycle profile for MPCR amplification. For 2-step PCR, use 94-95°C for denaturation and 58-60°C for annealing and extension. The 72°C step is omitted.

4. Agarose Gel Electrophoresis:

To fractionate the MPCR DNA product electrophoretically, mix 10µl of the MPCR product with 2µl 6X loading buffer. Run the total 12µl alongside 10 µl of DNA marker* from the MPCR kit on a 2 % agarose gel containing 0.5 mg/ml ethidium bromide. Electrophorese and photograph. (Hint: Best results are obtained when the gels are run slowly at less than 100 volts).

* DAN Marker contains linear double stranded DNA bands of 1,000; 900, 800, 700; 600; 500; 400; 300; 200; and 100 base pairs (bp).

TROUBLESHOOTING

1. MPCR AMPLIFICATION

Observation	Possible Cause	Recommended Action
1.1. No signal or missing some bands during amplification even using positive control provided in kit.	1.1a. The annealing temperature in the thermocycler is too high. 1.1b. Dominant primer dimers.	1.1a. Decrease PCR annealing temperature 3-5°C gradually. 1.1b. Use any one of "Hot Start" PCR procedures.
1.2. Too many nonspecific bands.	1.2a. The annealing temperature in the thermocycler is too low. 1.2b. Pre-PCR mispriming. 1.2c. cDNA is interfering with MPCR	1.2a. Increase PCR annealing temperature 3-5°C gradually. 1.2b. Use any one of "Hot Start" PCR procedures. 1.2c. Clean cDNA with Phenol/ Chloroform. 1.2d. Use Maxim's 3M™-MPCR Kit.
1.3. No difference in gene expression among treatments	1.3a. PCR amplification of this specific gene has passed the exponential phase. 1.3b. Variation in sample preparation, RT reaction and amounts of input cDNA.	1.3a. Decrease PCR cycle number or decrease the input cDNA. 1.3b. Run a parallel PCR with a house-keeping gene to eliminate variables.

PRECAUTIONS AND STORAGE

Storage

1. Store all MPCR Kit components at -20°C. Under these conditions components of the kit are stable for 1 year.
2. Isolate the kits from any sources of contaminating DNA, especially amplified PCR product.
3. Do not mix MPCR kit components that are from different lots. Each lot is optimized individually.

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